

Lesson/Training Planner with Timings Calculator								© am horizon training group
Lesson/Session Title		Cultural Competence						
Date								
Student/Trainee Numbers								
Lesson/Session Duration								
Entry Behaviour/Level								
Location								
Set Up & Seating Layout								
Aims		To introduce a new concept of Diversity, To examine our own bias and create a safe environment to talk about these issues of diversity						
Lesson or Training Session Objectives		Cultural Competence (120-minute session) - The Cultural Competence training will develop each institution's ability to become more culturally competent. Cultural competence is defined as the integration and transformation of knowledge about individuals and groups of people into specific standards, policies, practices, and attitudes used in appropriate cultural settings to increase the quality of services, thereby producing better outcomes. This means individuals must learn new patterns of behavior and effectively apply them in appropriate settings.						
Insert Start Time δ		9:00[1]		This lesson planner self-calculates timings - you need only insert the RED start time (left), and each activity duration time. Do not enter times in the grey columns.				
Start Time[2]	Activity Duration [3]	End time [4]	Lesson/Training Activity (include breaks)	Training Method	Resources	Assessment method [5]	Notes[6]	
9:00	0:05	9:05	Introductions/theoretical underpinnings	Powerpoint	Workbook		Talk about website and hand out MP4 media devices	
9:05	0:30	9:35	Talk about online assessment	Discussion, lecture	Workbook	Action planning		
9:35	0:20	9:55	What is culture?	Discussion, lecture	20/20 Video			
9:55	0:30	10:25	Cultural Clash	Simulation	Game	Journals		
10:25	0:15	10:40	Old conversation about Race	Discussion, lecture	Video			
10:40	0:10	10:50	Break					
10:50	0:20	11:10	Cultural Competence	Discussion, lecture	Workbook			
11:10	0:20	11:30	Name 5 activity	Discussion, lecture	Workbook			
11:30	0:10	11:40	Speak by a famous American	Discussion, lecture	Workbook	Dia-ad sharing		
11:40		11:40	Fabric of Oppression	Discussion, lecture	Workbook			
11:40	0:20	12:00	Colluding/Critical thinking	Discussion, lecture	Journals, 6X4 Cards			
12:00	0:20	12:20	Becoming an ALLY	Discussion, lecture	Workbook			
12:20	0:10	12:30	Closing/Evaluation	Discussion, lecture	Workbook		Provide the online assessment information.	